

Overcoming Post-Pandemic Stress:

A Journey to Wellness

Presenters Bios



John Creger, M.A. is an English teacher and has been learning from sophomores at American High School in Fremont, CA, since 1988. In his publications and presentations since 1998, John communicates to educators what his sophomores' continuing response to his Personal Creed Project teaches him about a deeper kind of literacy. In 2015, John launched Thriving at the Core Presentations to share his developing approach with colleagues in their districts. He earned a B.A. from the University of California at Berkeley, and an M.A. from San Francisco State University, both in English. In recognition of the Personal Creed Project, the National Council of Teachers of English and the National Writing Project presented John the James Moffett Memorial Award for Teacher Research. **For more information on John Creger, and to view his courses, go to www.hol.edu.**



Ann DeChenne, M.Ed., has been an educator for 13 years, working primarily with language learners and at-risk youth. She is currently in the dissertation phase of her Ph.D. studies, focusing on language in the math classroom. A few years ago, Ann visited Chile S.A. and was saddened by the lack of reading and learning material for some more impoverished schools. As a result, she founded a 501c3 non-profit that has provided over 300 books and provides professional development services and training to teachers and administrators in Southern Chile. **For more information on Ann DeChenne, you may email her at dechennea@gmail.com**



Aleta Doss, M.Ed., during Aleta's teaching career of twenty-three years, she has been honored to teach students from fifth grade through dual credit calculus. She holds teaching certificates from Oregon, Washington, and the National Board. She has taught in Beaverton, Oregon, Japan, Mexico, and the Cayman Islands. Over the last fourteen years, she has worked for the Oregon Trail School District at Sandy High School. Aleta delights in individualizing instruction for students who come to the classroom with a variety of learning needs. As a board member for OCTM and as a department coordinator at her school, she loves to collaborate with fellow K-12 teachers to help all students learn. **For more information on Aleta Doss, you may email her at aletakandle@yahoo.com**



Mary Ann Johnson, M.Ed. Adm. has worked with students of all levels, from alternative high school to gifted classes. She has also been a junior high vice principal and is now working with teachers for continuing education in classes, distance learning and building leadership groups. She is a teacher emeritus who has led seminars for educators which focus on developing a quality learner environment for students and for teachers. Her courses are research-based and resonate with user-friendly and energizing content. **For more information on Mary Ann Johnson, and to view her courses, go to www.hol.edu**



Allison Leepin, M.Ed., received her Master's Degree in Art of Teaching from Lewis and Clark Graduate School of Education, and is endorsed in Social Studies and English Language Development in Oregon, Washington, and California. She became a teacher to help all students find a love of learning and teach our young generation that everyone has unique gifts and intelligence. Allison strives to make all students will feel successful in school and continue to be lifelong learners and go forward to shine their light into the world. She loves being a teacher and is committed to being the best teacher she can be, always learning and growing. **For more information on Allison Leepin, you may email her at allison.leepin@gmail.com.**

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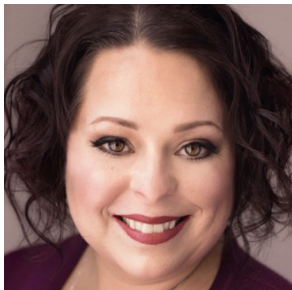
Brenda McKinney, M.A. & CEO of Vancouver, WA based BrainVolution, is a developer and dynamic facilitator of workshops that teach practical thinking and learning tools for raising student achievement with the brain in mind. She brings 30+ years of experience at the elementary, middle school, high school, and university level as a mentor teacher, consultant, motivational speaker, university instructor, and reading specialist. Brenda has her Master's in Education from Washington State University and is nationally certified in Brain-Based Learning through the renowned Jensen Corporation, led by Eric Jensen, a noted international spokesperson for neuroscience and education.

For more information on Brenda McKinney, and to view her courses, go to www.hol.edu.



Dario Mobini, M.Ed., was born and raised in Rome, Italy. He finished high school in San Diego, CA, graduated from the Franciscan University of Steubenville with a degree in Theology and Philosophy and a higher degree in Theology at the Pontifical University of St. Thomas Aquinas - The Angelicum. Mr. Mobini has been involved in youth ministry and education for the past 20 years in and outside the classroom in CYO, Young Life, Life Teen, Campus Ministry, and as a pilgrim guide on countless trips abroad. He is a freelance journalist and editor of worldyouthday.com Media and has been teaching at Kennedy Catholic School for 13 years.

For more information on Dario Mobini, you may email him at dariomobini@hotmail.com



Laurel Pederson, M.Ed. & Ed.D., is a 20-year veteran teacher. She has a bachelor's degree in biology, a master of Science in Secondary science education, a master's certificate in Leadership and Accountability, and a doctorate in Performance Improvement and Leadership. Her research is focused on brain-based, student-led, and project-based learning. Laurel has been working with low-income, minority students with special needs and trauma for most of her career and uses the fundamentals of how the brain works to improve education for both students and educators.

For more information on Lauren Pederson, you may email her at laurellily38@gmail.com



Sarah Rosman, M.Ed., found herself in education after traveling through Argentina and Chile with a group of artists, putting on role-playing experiences for immersion language acquisition for all ages. She taught in Argentinian private schools, which eventually led her back to the United States to study what rooted her philosophical beliefs and framework in education. She received her Master of Education from Lewis and Clark with a certification in ESL. Sarah has taught in Spanish Immersion classrooms and the Environmental Studies magnet school for the city of Portland. She has been an adjunct professor at Lewis and Clark and supported graduate courses at Portland State University. Currently, Sarah is consulting on issues surrounding race, justice, language, and education while her family lives in Oaxaca, Mexico. **For more information on**

Sarah Rosman, you may email her at szrosman@gmail.com



Shelley White, M.Ed., LMHC has worked in the mental health field as a clinician and educator for over 30 years. She has a therapy practice specializing in working with adults with anxiety and co-dependency issues. Shelley was a Middle School counselor for 12 years and an adjunct instructor at Western Washington University, Highline Community College and City University. She has conducted EFT Tapping workshops for the past four years.

For more information on Shelley White, you may email her at swhite1900@yahoo.com