<u>2022 – Zoom Course - Presenters</u> <u>Descriptions, Schedules & Links</u>



BUILDING RELATIONSHIPS WITH KIDS AT THE EDGES. By John Creger, M.A.

Day: MondayDate: July 11th, 2022Time:10:15 am - 11:15 amIn this presentation, you'll learn step by step to identify what a hard-to-reach studentmost needs you to understand about them. This is what Alexs Pate, authorof *The Innocent Classroom*, calls discovering a student's "good." The relationships youbuild on this new understanding can enable students of color and other marginalizedstudents to trust you. These skills can help you build beyond traditional compliance-based learning toward understanding relationships with all of your students.Zoom Link: https://us02web.zoom.us/j/6178299291?pwd=YTVoUllxREo3RVJMR1dCbDZXNnBsUT09Zoom Meeting ID# 617 829 9291Passcode: 5LSbDD



CULTIVATING A SOCIAL EMOTIONAL MINDSET. By Ann DeChenne, M.Ed.

Day: Wednesday Date: July 13th, 2022 Time: 9:00 am – 10:00 am A transitional mindset is needed to propel us out of the turmoil created in classrooms by the pandemic and build a fresh outlook for today's classroom. This presentation will discuss how teachers can create a new normal with a mindset designed to enhance social and emotional wellness for students and educators. Join me for an encouraging presentation on social and emotional mindset for engagement.

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HOW TO WORK EASIER: Ideas from a Math Teacher. By Aleta Doss, M.Ed.

Day: Tuesday Date: July 12th, 2022 Time: 9:00 am – 10:00 am Are you overwhelmed with the workload and concerned about struggling students? Join us to discuss ways to encourage students and staff alike as we work together to help students learn. We will also discuss more efficient lesson plans on math to help teachers have more time to breathe.

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MASTERING MOTIVATION: Timing & Focus. By Mary Ann Johnson, M.A.

Day: Friday Date: July 15th, 2022 Time: 9:00 am – 10:00 am This presentation will expand your understanding of how motivational skill is a perfect tool to enhance student time on task —exploring vital insights about the amount and timing of motivating activities needed to grow academic focus and student personal growth. You will learn to boost learning time with fewer classroom management disruptions or strategies needed.

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SHINING OUR LIGHT: How Teacher Wellness Fosters Student Success. By Allison Leepin, M.Ed.

Day: Wednesday Date: July 13th, 2022 Time: 10:15 am – 11:15 am This presentation will focus on how and why educators must prioritize their self-care as it directly impacts student learning, achievement, and an overall sense of wellbeing in the classroom. Recognizing how educators present themselves in the classroom is crucial to student success. During this presentation, we will discuss the more pressing issues teachers face today and how to improve successful outcomes for educators and students.

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FIVE STRATEGIES FOR ALLEVIATING PANDEMIC FATIGUE. By Brenda McKinney, M.A.

Day: Thursday Date: July 14th, 2022 Time: 9:00 am – 10:00 am This workshop brings optimism and fun, a new lens for assessing your anxiety and weariness due to pandemic fatigue. When exhausted, your ability to cope is lowered, and you're less motivated to do anything about those negative feelings. This presentation will provide you with five strategies to increase your energy, reduce your stress levels, and enhance your sense of wellbeing.

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Day: Monday Date: July 11th, 2022 Time: 9:00 am – 10:00 am Post Pandemic teaching will require a teacher to push hard for student engagement. In this presentation, we will discuss how we can work together to strengthen our students through enthusiasm, engagement, and making authentic connections supporting our students to become holistic learners in mind and body. We, as teachers, can help our students to thrive in a time of fear, war, and uncertainty. So, let's get together and examine the possibilities.

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BRAIN-BASED LEARNING & MORE: What To Do When You & Your Students Are Exhausted. By Laurel Pederson M.Ed. & Ed.D.

Day: Tuesday Date: July 12th, 2022 Time: 10:15 am – 11:15 am This presentation will focus on how teachers can reduce their workload, take care of themselves, and be more emotionally present to students. I will introduce some techniques about how to help students with trauma recovery and how to include more hands-on, brain-based learning into the curriculum that is fun for both teachers and students. These activities include peer teaching and student-led assessments that are done in class.

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FINDING YOUR PURPOSE FOR TEACHING. By Sarah Rosman, M. Ed.

Day: Thursday Date: July 14th, 2022 Time: 10:15 am – 11:15 am Education today has become overwhelming for many reasons; it is hard to find our footing. The interwoven systems we teach, our society with the current issues we face today, and the ever-evolving complexities, brilliance, and uniqueness that our students bring every year add to the complex framework we all navigate daily. It is a perfect time to look at our purpose for teaching and center ourselves where we are rooted. Let go of and burn what is not working for our students, our communities, and ourselves and sow seeds of what grounds us to the very framework in which we believe.

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REDUCING STRESS: Using Emotional Freedom Techniques. By Shelley White, M.Ed.

Day: Friday Date: July 15th, 2022 Time: 10:15 am – 11:15 am Over the past two years, the level of stress and anxiety among staff and students has been unprecedented. This presentation will introduce you to Emotional Freedom Techniques (also known as EFT Tapping), a highly effective, evidence-based technique that regulates emotional distress within minutes. EFT Tapping is effective for teachers and students alike. It is easy to learn and can be used anywhere for immediate results; and has been shown to decrease behavioral challenges in the classroom, test and performance anxiety, and help students better focus in class. Learn this simple method for yourself and your students!

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