

Helping Your Students Find Themselves

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(new address coming)

Breakout Session Questions:

1. What activities, methods or materials have you already tried to help your students develop healthy senses of identity, or learn about themselves?
2. What in your teaching situation makes it challenging to experiment with methods of helping your students develop as human beings? How might you surmount or sidestep one or more of these challenges?
3. Think back over our session. What stands out to you? What did you hear or see that you might want to try out in your classroom? How would you apply it? (Note: see Cultural Chemistry and Kindling with Rumi, below.)

Resources:

- [Personal Creed Project overview](#)
- [Personal Creed Project website](#)
- Student Personal Creed presentation videos, on Zoom, from [Erin](#) and [Nicholas](#)
- [The Personal Creed Project and a New Vision of Learning](#) (John's book, used)
- [How do we Enhance Education?](#) (Yong Zhao's 2017 video)
- [Cultural Chemistry](#) (self-discovery activity)
- [Kindling with Rumi: "The Guest House"](#) (accessible poem to help teens and teens at heart handle their emotions)