**Developmental Stages of Childhood**

**with Needs and Nourishments**

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| **Developmental** **Stage --> -->** | 0 - 8 years**BodyBeing** | 8 - 13 years**FeelingBeing** | 13 - 18 years**IdealBeing** | 19 – 23 years **ReasonableBeing** |
| **Primary Developmental Need** | **Rightful place** | **Trust** | **Autonomy, self-governance** | **Interconnectedness, humor, humility** |
| **Secondary Developmental Need** | **Boundaries, strength** | **Reciprocal cooperation** | **Identity construction, personal power, freedom** | **Systems creation, intentionality, incisiveness** |
| **Primary Nourishment** | **Loving touch** | **Feeling mentors** | **Sensitive respect** | **Mature recognition of commitment, equality, achievement, recognition** |
| **Secondary** **Nourishments** | **Security, warmth, textured sensory environments, flexibility** | **Fairness, justice, caring, concern, honesty, adventure, adaptability** | **Challenges, adventure, peer sensitivity, personal space, opportunity to explore ideals/values** | **Comparison, exploration, experimentation, discernment, recapitulation** |
| **Modality of Communication** | **Sensory exploration** | **Feeling engagement** | **Inquiry into ideals/values** | **Dialogue** |

**Natural Learning Relationships, Ba and Josette Luvmour**